

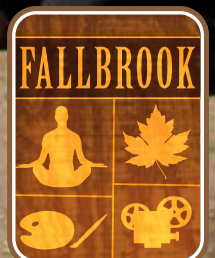


FALLBROOK

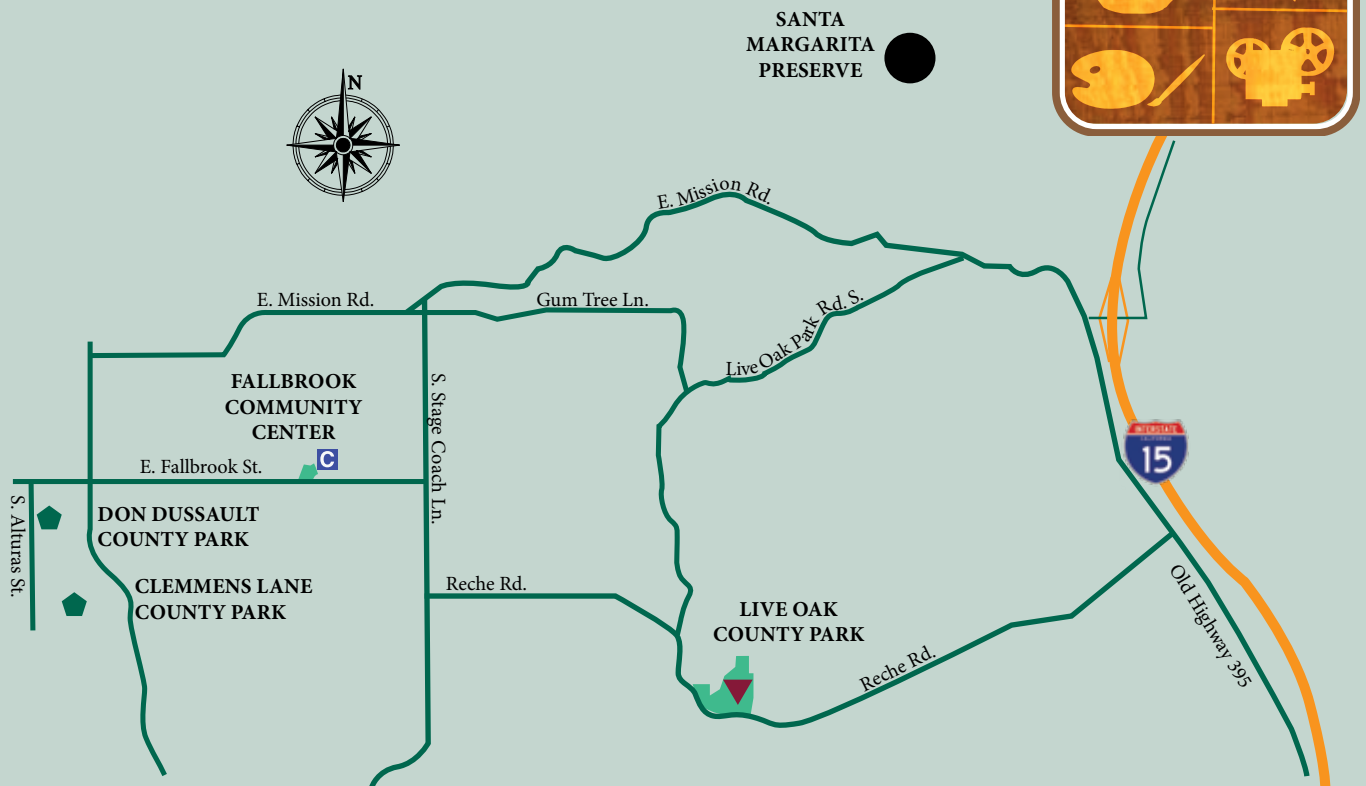
ACTIVITY & PROGRAM GUIDE



WINTER/SPRING 2016



fallbrook area



rainbow area

Legend

-  Regional Park
-  Local Park
-  Open Space Preserve
-  Community Center



SUPERVISOR'S MESSAGE

Welcome to a new season at the Fallbrook Community Center!

By now, you have been working hard for the past month on putting the last of the holiday decorations away, and most importantly you've been keeping up with those New Years' resolutions! And, just like you, the Fallbrook Community Center has set some pretty audacious goals for the upcoming year. The most important of these goals is to continue building on the successful year we had in 2015. We look forward to continuing our partnerships with local non-profit organizations, businesses and The County of San Diego to bring programs and services that contribute to the overall good health and wellbeing of our community's constituents. A specific goal we have is to bring more resources to our local military veterans and their families. The County of San Diego Department of Parks and Recreation is taking part in the Distinguished Veteran Pass program that allows for military veterans to visit day-use parks for free and allows them to book up to seven nights at a County campground, for free, every calendar year (restrictions apply). Visit www.sdparks.org for more information. In addition, we will stay ahead of the curve by identifying new trends and needs in the community and respond to them through innovative programs, services and events. So, no matter what your goals are for 2016 – getting fit, learning something new, or simply making new friends and memories the Fallbrook Community Center is here to help you achieve them!



Johanna "Jo" Salomon
Site Supervisor, Fallbrook Community Center



FALLBROOK COMMUNITY CENTER

341 Heald Lane
Fallbrook CA 92028
760-728-1671

HOURS OF OPERATION

Days: Monday – Friday
Time: 9 a.m. – 6:30 p.m.
Closed: Saturdays
& Sundays

HOLIDAY CLOSURES

The Fallbrook Community Center will be closed in observance of the following holidays:

- President's Day
Monday, February 15
- Cesar Chavez Day
Thursday, March 31
- Memorial Day
Monday, May 30



LIVE WELL
SAN DIEGO

Live Well San Diego is the County of San Diego's vision for a region that is building better health, living safely and thriving. Live Well activities promote the health, safety and well-being of all County residents. Parks and Recreation supports this vision through hundreds of educational and recreational offerings, every year.

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SPECIAL EVENTS

Fallbrook Healthy Living Series

Join us for a night of healthy cooking! Chef Greg will teach us how to cook a healthy meal by integrating more fruits, vegetables and whole grains into our favorite dishes! All classes are free, and made possible through a generous grant from the Fallbrook Healthcare District. RSVP with a health coach at 619-466-4386.

Date: February 26
April 21
Time: 5:30 – 7 p.m.
Fee: Free
Ages: All ages

Health & Fitness Fair

The Annual Fallbrook Health and Fitness Fair is a public event that includes fitness activities, demonstrations, entertainment, freebies and prizes all focused on getting you to achieve a healthier, more active lifestyle. There will be free health screenings and plenty of information on healthcare. Healthy snacks and water will be provided, while supplies last.

Location: La Paloma Elementary School
300 Heald Lane Fallbrook Ca 92028
Date: Spring 2016
Time: 9 a.m. – 1 p.m.
Fee: Free
Ages: All ages

Pancake Breakfast and Spring Egg Hunt

Bring the whole family and join the Bunny for a tasty pancake breakfast at 7:30 a.m. and egg hunting fun at 10 a.m.! Fallbrook Firefighter's Association will serve up a delicious pancake breakfast as the Bunny hops around to meet children. After breakfast, egg hunts are arranged by age group and will be followed by fun games, and contests.

Date: March 26
Time: 7:30 – 11 a.m.
Fee: \$4 Ages 0 – 11
\$5 Ages 12 and up
Free Egg Hunt
Ages: All ages



THE FRIENDS OF FALLBROOK COMMUNITY CENTER

A 501c3 Non-Profit Organization

Our motto: Aiding the Fallbrook Community Center by providing funds and volunteer services, which contribute to the fitness, education, and well-being of Fallbrook residents of all ages.

- Calendar of Events and Classes – Find out about exciting programs at the Center.
- Become a Member – You can make a difference!
- Donate or Volunteer – Your involvement helps the Center remain a force of enrichment in Fallbrook.
- Learn more about our Friends group which has supported the Center for many years. The Friends help sponsor special events and programs for all ages, raise funds to purchase equipment, and subsidize affordable programs for children.

Get involved by calling the community center office at 760-728-1671 or visit our website for more details at www.FallbrookCommunityCenterFriends.org.

TEACHING AT FALLBROOK COMMUNITY CENTER

Community Center Instructors share their passion with eager participants, have fun, make some money and give back to their community. Whether your specialty is in the arts, dance, sports, cooking or other areas we would like to hear from you.

For more information, please contact the community center office at (760) 728-1671 or fallbrook.community.center@sdcounty.ca.gov.



Distinguished Veteran Pass

Veterans Experience County Parks for Free



*The pass never expires and is available to all veterans, including Prisoners of War and Congressional Medal of Honor recipients. To get one, visit the California State Parks website, and complete the Distinguished Veteran Pass application. Processing takes 4 – 6 weeks. Once you've received your pass you may start using it at County Parks.

With the Distinguished Veteran Pass, the day-use fee at all County parks is waived and qualified* pass holders can book up to seven nights at a County campground, for free, every calendar year.

Reservations can be made at 5500 Overland Avenue, Suite 410, or by calling 877-565-3600 between the hours of 8 a.m. and 5 p.m., Monday through Friday.

sdparks.org



YOUTH PROGRAMS

After School Safety and Education Program (A.S.E.S.)

Are you looking for a safe place for your student before and after school, where they can get help with homework, improve grades and have fun? This program is for you! Our A.S.E.S. Before and After School program is a cooperative effort between the Fallbrook Union Elementary School District and The County of San Diego Department of Parks and Recreation. Applications are available at the Fallbrook Community Center Office. Space is limited. Children must be enrolled at La Paloma Elementary to qualify for this program.

Dates: Waitlist only for 2015/16 school year.
Registration for 2016/17 school year begins June 3.

Location: La Paloma Elementary

Fee: \$30 (entire school year)

Ages: Kindergarten – Grade 6

QCS Children's Academy

License #376700970

QCS Children's Academy follows an early education program that is committed to providing high-quality preschool experiences to prepare each child for a smooth transition into Kindergarten. The Academy is a developmental, play-based program founded on the belief that children are competent, capable and self-motivated learners. QCS Children's Academy programs (full fee and state-funded) promote an enriched age-appropriate curriculum that values a strong sense of personal integrity, social responsibility, respect and courtesy for others – along with a passion for learning in a nurturing environment. Throughout the day, children are given the autonomy to make their own choices and explore inviting activities, both indoors and outdoors. Our qualified, dedicated and experienced staff will ensure your child has a positive, rewarding and fun learning experience. The center provides meals and snacks. For information and to register, contact QCS at 760- 451-9885 or qcacademy@att.net.

Date: Ongoing

Time: 6:30 a.m. – 5:30 p.m.

Fee: See below

Ages: 3 – 5 years



Monthly Tuition

	Full Day (6+ Hours)	Three-Quarters Time (4 – 6 Hours)	Half Day Fees (4 Hours)
5 Days	\$550	\$425	\$350
4 Days	\$510	\$400	\$325
3 Days	\$400	\$375	\$275
2 Days	\$300	\$225	\$175
For an Extra Day	\$35 per day	\$30 per day	\$25 per day

Registration/supply fee: \$75 (\$100 for family of 2 or more)

California State Preschool Program

This program is available for families that meet the eligibility requirements and are within state income ceilings. Example of income levels.

Part-Time Fee	Full-Time Fee	Family Size 1 or 2	Family Size 3	Family Size 4	Family Size 5	Family Size 6	Family Size 7	Family Size 8+
\$21	\$42	\$1,820	\$1,950	\$2,167	\$2,513	\$2,860	\$2,925	\$2,990
\$27	\$53	\$1,893	\$2,028	\$2,253	\$2,614	\$2,974	\$3,042	\$3,109
\$32	\$63	\$1,965	\$2,106	\$2,340	\$2,714	\$3,089	\$3,159	\$3,229
\$37	\$74	\$2,038	\$2,184	\$2,426	\$2,815	\$3,203	\$3,276	\$3,349
\$42	\$84	\$2,111	\$2,262	\$2,513	\$2,915	\$3,317	\$3,393	\$3,468
\$48	\$95	\$2,184	\$2,340	\$2,600	\$3,016	\$3,432	\$3,510	\$3,588
\$56	\$111	\$2,257	\$2,418	\$2,686	\$3,116	\$3,546	\$3,627	\$3,70

ATA Success Martial Arts

ATA Success Martial Arts provides the perfect environment for the entire family to learn Taekwondo. As part of the American Taekwondo Association (ATA), instructors strive to teach the sport, physical fitness, self-defense and self-esteem in a fun environment. Advancement in rank is offered from beginner to black belt. Uniforms and equipment are available at class but are not mandatory.

Date: Tuesdays (ongoing)
Time: 3 – 6 years: 4:30 – 5 p.m.
 7+ years: 5:15 – 6:00 p.m.
Fee: \$8 per class
Ages: 3 and older

Beginning Tennis Basics

This class is designed for kids who are interested in discovering the basics of tennis. Students will learn forehands, backhands, serves, volleys and most importantly, footwork. Students will need to bring water, sunscreen, and non-marking court shoes as well as a tennis racket (if possible).



Instructor: Nataliya Yamkova
Date: Sundays (ongoing)
Time: 3 – 4:30 p.m.
Location: Tennis Courts
Fee: \$20/class
Ages: 6 – 13 years

Beginning Guitar I

Want to play guitar, but don't know how to start? Learning guitar can be frustrating, or it can be loads of fun. In Beginner Guitar I you will learn basic chords, chord progressions and easy-to-play picking for real songs from the ground up. You will also practice playing guitar with classmates. Guitar picks and printed instructional material will be provided. If you break a guitar string during class we'll replace that as well. Challenge yourself, increase your skill, and have a lot of fun with hands-on instruction. In a few short weeks, you will learn the theme song to Pirates of the Caribbean.

Instructor: Joseph Miller
Date: March 1 – March 22, Tuesdays
Time: 5 – 6 p.m.
Fee: \$60/4-week session
Ages: 9 and older

Beginner Guitar II

In Beginner Guitar II, we'll take it up a notch and practice crosspicking and strum patterns. These lessons enhance your skills from Beginner Guitar I. You will be practicing chord transitions and timing along with other students. Everyone will be playing guitar together.

Instructor: Joseph Miller
Date: April 5 – April 26, Tuesdays
Time: 5 – 6 p.m.
Fee: \$60/4-week session
Ages: 9 and older

Spring Day Camp

Join us for a week of learning 'outside of the box'. We will be exploring topics in science, technology, engineering, arts and mathematics. Campers will be doing hands-on, mind-enhancing activities. Other plans for the week include a field trip (destination TBD), healthy cooking, arts and crafts, movies, games, snacks, and sports. Activities are planned and led by Community Center staff. Children need to bring a nutritious morning snack, sack lunch and water bottle. An afternoon snack will be provided. Space is limited.

Date: March 28 – April 1, Monday – Friday
Time: 7 a.m. – 6 p.m.
Fee: Early Registration \$100
 Registration after March 11 \$120
Ages: Kindergarten – 6 Grade

Beginner Youth Volleyball Camp

Learn the basics of volleyball through fun games and drills. Students will learn basic skills needed to play the game of volleyball like serving, passing, setting and spiking. Students will also learn how to work together as a team and develop hand-eye coordination, flexibility and strength. We will have fun learning how to play this sport that can be enjoyed for a lifetime. Bring sunscreen, water and your own volleyball.



Date: Saturday, April 2, 9, 16, 23
Time: 9 – 10 a.m.
Location: Outdoor Volleyball Courts
Fee: \$60/4 week session
Ages: 8 – 13 years

ADULT FITNESS

Fitness Fusion

Joyful dance fitness - a fun, healthy experience where people of all ages and fitness levels workout together! Students develop cardio strength and stamina through a fusion of strength training, healing yoga, stretch and relaxation techniques. Enjoy the music and follow along as an instructor shares the moves at varying intensities. For more information, visit www.wadeintofitness.com.

Instructor: Ann Wade
Date: Mondays, Wednesdays and Fridays (ongoing)
Time: 8:30 – 9:30 a.m.
Fee: \$80/10 classes, \$10/class
Ages: 13 and older

Healing Yoga

Renew, strengthen, and heal your body. Feel centered and focused. Healing Yoga provides an approachable style of yoga for every 'body', honoring the ancient styles of Hatha and Vinyasa Yoga. Healing Yoga incorporates modern fitness and safety guidelines. Yoga poses are demonstrated with multiple modifications and at several intensities to ensure every student is successful. Enjoy Yoga in a nurturing environment. For more information, visit www.wadeintofitness.com.

Instructor: Ann Wade
Date: Mondays and Wednesdays (ongoing)
Time: 5:15 – 6:15 p.m.
Fee: \$80/10 classes, \$10/class
Ages: 13 and older

Tai Chi Chuan

Tai Chi, also called "Meditation in Movement," is a soft and slow way of movements that can be practiced by people of all ages. Benefits of this exercise include stress reduction, better focus and concentration, increased flexibility, strength and coordination, enhanced memory and improved circulation. For more information call Gus Poletti at 951-698-5788 or email gmpoletti@yahoo.com.

Instructor: Gus Poletti
Times: Mondays, 5:15 - 6:15 p.m. (ongoing)
 Fridays, 10 – 11 a.m. (ongoing)
Fee: \$45/4 classes, \$75/8 classes, \$12/class
Ages: All ages

Healing Pilates Mat

This classical Pilates mat class is based on the system of slow and controlled dance movements that Joseph H. Pilates used in New York with boxers, gymnasts, musicians and dancers. The blend of strengthening and flexibility training of the body's core muscles improves posture, reduces stress and creates long lean muscles without bulking up. Judi Way has been studying how movement heals and restores the vitality and health in the human body for more than 30 years. Let her share her knowledge with you! Bring a yoga mat or blanket and wear comfortable clothes.

Instructor: Judi Way
Date: Tuesdays and Thursdays (ongoing)
Time: 8:30 – 9:30 a.m.
Fee: \$80/10 classes, \$10/class
Ages: 13 and older

Beginning Yoga

Yoga is truly for everyone! Maintaining strength and flexibility throughout our lifetime is the key to having an enjoyable and vital life, both now and in the future. We go beyond just yoga by adding light weights, modifying postures, using chairs, therapy balls and the wall. Join us for an hour of fun, friendship and fitness. New students, please come 15 minutes early to register.

Date: Tuesdays and Thursdays (ongoing)
Time: 9 – 10 a.m.
Fee: \$80/10 classes, \$10/class
Ages: 12 and older



Pickleball

Pickleball is a fun, fast-paced, social sport that is enjoyed by all players of all fitness levels. It's played on a court that's one quarter the size of a tennis court and features elements of badminton, tennis and ping pong. Players must bring their own paddle. Stop by and try it out! Pre-registration is not required.

Date:	Tuesdays and Thursdays (ongoing)
Time:	6 – 8 p.m.
Location:	Tennis Courts
Fee:	\$2/night
Ages:	13 and older

Body Back Workout & 8-Week Transformation Session

Body Back® is a results-based workout designed for moms who want their body back, whether they just had a baby or their last child was born twenty years ago! Most importantly, it will help women unlock their personal possibilities in an inspiring and powerful environment. Body Back® clients experience targeted high-intensity workouts, inspiration and motivation in every class. Please bring a yoga mat or towel for abs and cool-down, along with plenty of water and a towel. You WILL sweat! For an additional fee, students can join a nutritional and coaching program. For registration and more information contact: (760) 798-5515 or email sandiego@fit4mom.com.

Date:	Tuesdays and Thursdays (ongoing)
Time:	6:30 – 7:30 p.m.
Fee:	\$79/month for workout. Additional fee for nutritional and coaching program.
Ages:	Adults (includes seniors)



Outdoor Volleyball

Bump-Set-Spike! Adult pick-up Volleyball is coming to the community center. This fun, competitive and fast-paced sport is enjoyed by adults of all fitness levels. Volleyball offers a workout that requires speed, agility, balance, flexibility, and coordination. Pre-registration is not required. Players of all levels are welcome.

Date:	Mondays and Wednesdays (ongoing)
Time:	6 – 8 p.m.
Fee:	\$2/night
Ages:	Adults (includes seniors)

Zumba Your Way

Interested in Zumba but not sure if it's right for you? Dance with us; this is Zumba your way! This unique Zumba offering includes 30-to-40 minutes of cardio dance fitness specially adapted to ensure everyone is enjoying a safe, beneficial and exciting workout. The cardio portion of class is followed by balance, stretch, and strengthening exercises for a total well-rounded workout. Enjoy music while following an experienced, cross-trained instructor who demonstrates various options and intensities for the moves. It makes for a fun experience where people of all ages and fitness levels can dance together. For more information, visit www.wadeintofitness.com.

Instructor:	Ann Wade
Date:	Fridays (ongoing)
Time:	8:30 – 9:30 a.m.
Fee:	\$80/10 classes, \$10/class
Ages:	13 and older

Adult Tennis

Our Adult Tennis course is designed for players who are looking to improve their game and work on technical elements. Players need to bring water, sunscreen, and non-marking court shoes as well as a tennis racket (if possible)..

Date:	February 7 – May 29, Sundays (ongoing)
Time:	4 – 5:30 p.m.
Fee:	\$20/class
Ages:	Adults (includes seniors)

EVENTOS Y CLASES EN EL FALLBROOK COMMUNITY CENTER

341 Heald Lane, Fallbrook CA 92028 • Llame al: 760-728-1671 • En persona: Lunes-Vieres 9 a.m. – 6:30 p.m.

Para Adultos

YOGA PARA PRINCIPIANTES				Fechas: Corriente
Horario: 9 – 10 a.m.	Días: Martes y Jueves	Edades: 12 años y mas	Costo: \$8/ clase (compre 10) o \$10/ clase sencilla	
FITNESS FUSION				Fechas: Corriente
Horario: 8:30 – 9:30 a.m.	Días: Lunes-Miércoles-Viernes	Edades: 13 años y mas	Costo: \$8/ clase (compre 10) o \$10/ clase sencilla	
TAI CHI CHUAN				Fechas: Corriente
Horario: 10 – 11 a.m.	Días: Viernes	Edades: Todas edades	Costo: \$45 por session de 4 clases o \$75 por session de 8 clases	
Horario: 5:15 – 6:15 p.m.	Días: Lunes	Edades: Todas edades	Costo: \$45 por session de 4 clases o \$75 por session de 8 clases	
YOGA SANATIVA				Fechas: Corriente
Horario: 5:15 – 6:15 p.m.	Días: Lunes y Miércoles	Edades: 13 años y mas	Costo: \$8/ clase (compre 10) o \$10/ clase sencilla	
ZUMBA A TU FORMA				Fechas: Corriente
Horario: 8:30 – 9:30 a.m.	Días: Viernes	Edades: 13 años y mas	Costo: \$8/ clase (compre 10) o \$10/ clase sencilla	
PICKLEBALL				Fechas: Corriente
Horario: 6 – 8 p.m.	Días: Martes y Jueves	Edades: 13 años y mas	Costo: \$2/ noche	
PILATES SANATIVA				Fechas: Corriente
Horario: 8:30 – 9:30 a.m.	Días: Martes y Jueves	Edades: 12 años y mas	Costo: \$8/ clase (compre 10) o \$10/ clase sencilla	
BODY BACK EJERCICIO Y SESION DE 8 SEMANAS DE TRANSFORMACION				Fechas: Corriente
Horario: 6:30 – 7:30 p.m.	Días: Martes y Jueves	Edades: Adultos (incluye personas de tercera edad)	Costo: \$79 por mes y costo adicional por programa de nutrición	
ALMUERZO PARA PERSONAS DE TERCERA EDAD				Fechas: Corriente
Horario: 11:15 – 12:15 p.m.	Días: Lunes-Viernes	Edades: Personas de tercera edad	Costo: \$4	
TENIS PARA ADULTOS				Fechas: Corriente
Horario: 4:30 – 5:30 p.m.	Días: Domingo	Edades: 15 años y mas	Costo: \$20 por clase sencilla	
VOLEIBOL				Fechas: Corriente
Horario: 6 – 8 p.m.	Días: Lunes y Miercoles	Edades: 13 años y mas	Costo: \$2 por noche	





Intereses Especiales

ENTRENAMEINTO DE OBEDENCIA BASICA DE PERROS				Fechas: 2/3 – 3/5 y 4/27 – 5/28
Horario: 9:30 – 10:30 a.m.	Días: Sabados	Edades: 12 años y mas	Costo: \$105 por sesión de 5 semanas (\$10 por materiales)	
CLASES DE ACUARELA				Fechas: Corriente
Horario: 1 – 4 p.m.	Días: Lunes	Edades: 18 años y mas	Costo: \$100 por sesión de 4 semanas	
DIARIO HECHO DEVERTIDO Y FACIL				Fechas: 2/13
Horario: 1 – 3 p.m.	Días: Sabado	Edades: 12 años y mas	Costo: \$35	
EDUCACION DE CONDUCTORES				Fechas: Corriente
Horario: N/A	Días: N/A	Edades: 14 – 18 años	Costo: \$40	

Para Jovenes

ATA ÉXITO ARTES MARCIALES				Fechas: Corriente
Horario: 4:30 – 5 p.m.	Días: Martes	Edades: 3 – 6 años	Costo: \$8 por clases sencilla	
Horario: 5:15 – 6 p.m.	Días: Martes	Edades: 7 años y mas	Costo: \$8 por clase sencilla	
CLASES DE VOLEIBOL				Fechas: 4/2 – 4/23
Horario: 9 – 10 a.m.	Días: Sabados	Edades: 7 – 12 años	Costo: \$60 por sesión de 4 semanas	
TENIS BASICO PARA JOVENES				Fechas: Corriente
Horario: 3 – 4:30 p.m.	Días: Domingo	Edades: 6 – 13 años	Costo: \$20 por clase sencilla	
GUITARRA PARA PRINCIPIANTES I				Fechas: Corriente
Horario en Marzo: 5 – 6 p.m.	Días: Martes	Edades: 9 años y mas	Costo: \$60 por sesión de 4 semanas	
GUITARRA PARA PRINCIPIANTES II				Fechas: Corriente
Horario en Abril: 5 – 6 p.m.	Días: Martes	Edades: 9 años y mas	Costo: \$60 por sesión de 4 semanas	

Campamentos Y Eventos Especiales

SERIE DE VIDA SALUDABLE DE FALLBROOK				Fechas: 2/26 Y 4/21
Horario: 5:30 – 7 p.m.	Días: Jueves y Viernes	Edades: Todad edades	Costo: GRATIS	
FERIA DE SALUD				Primavera 2016
Horario: 9 a.m. – 1 p.m.	Días: Primavera 2016	Edades: Todad edades	Costo: GRATIS	
DESAYUNO Y BUSQUEDA DE HUEVOS DE PRIMAVERA				Fechas: 3/26
Horario: 7:30 – 11 a.m.	Días: Sabado	Edades: Todad edades	Costo: Desayuno – Adultos \$5, 11 anos y menor \$4 Busqueda de Huevos – GRATIS	
CAMPAMENTO DE PRIMAVERA PARA JOVENES				Fechas: 3/28 – 4/1
Horario: 7 a.m. – 6 p.m.	Días: Lunes-Viernes	Edades: Kinder – 6to grado	Costo: Antes del 11 de Marzo \$100 Despues del 11 de Marzo \$120	

El Fallbrook Community Center es un lugar comodo, accesible y atractivo para su evento especial. Piensen en nosotros para su proxima boda, cumpleaños, aniversario, banquete o reunion! Para obtener mas detalles, pongase en contacto con el Community Center al 760-728-1671.

SPECIAL INTEREST

Driver Education

Driver education is a California-required course for teens to receive their driver's license. It is the first step toward earning a driver's permit. This online course includes parental involvement and is fun, interactive and educational.

Date: Online (ongoing)
Fee: \$40
Ages: 14 –18 years

Senior Lunch

The Fallbrook Senior Center serves a hot, nutritious lunch in the Community Center dining room Monday through Friday. Meals are for seniors 60+ and reservations are not required. Meals are also delivered to home-bound seniors who cannot attend the lunch. This project is sponsored by the Fallbrook Senior Citizens Service Club, generous donations from friends and organizations in the community, and the Older Americans Act Fund through the County's Aging and Independent Services Department. For more information, call 760-728-4498.

Date: Monday – Friday (ongoing)
Time: 11:15 a.m. - 12:15 p.m.
Fee: \$4
Ages: Seniors

Watercolor

Experience the exciting world of watercolor! You will learn about the various supplies used for this medium along with basic-to-advanced painting techniques. We will study the techniques of various artists, and complete up to two 16"x20" paintings, per session. All levels are welcome. Beginners will have a pattern supplied and are taken step-by-step through the painting process. More advanced students will work on their own original projects with instruction on composition, drawing and color. For more information, contact Pam Benson, at 951-302-9879 or pamjbenson@verizon.net.

Instructor: Pam Benson
Date: February 29 – May 30, Mondays (ongoing)
Time: 1 – 4 p.m.
Fee: \$100/4 weeks
Ages: Adults (includes seniors)



Dog Obedience Training Basics

True freedom for your dog comes with proper training. With a firm combination of loving and patient training methods, owners and the instructor will turn our four-legged friends into well-mannered family members. Basic obedience commands will be covered such as, "watch me," "sit," "down," "stay," "let's go," and "come." Students will develop leadership skills and work on socializing their dogs. The class is for dogs aged 4 months and older (with vaccinations).

This class meets rain or shine. Orientation class is strongly recommended. All other classes will be held on Saturday mornings from 9:30 - 10:30 a.m. Please do not bring dogs to the orientation class.

Instructor: Rick Williams
Date: **Session I:** February 3 – March 5
 Orientation February 3 at 6 – 7 p.m.
Session II: April 27 – May 28
 Orientation April 27 at 6 – 7 p.m.
Fee: \$105/5 week + \$10 material fee
Ages: 12 and older

Journaling Made Fun and Easy

Journal writing can be fun, creative and healing. Be inspired and uplifted with Judith Way as your creative instructor! Bring passion, creative fun and imaginative ways of writing down your story. Move forward with a new sense of direction and watch things in your life improve. Dress comfortably, bring water and - of course - your favorite journal and pen.

Instructor: Judith Way
Date: February 13
Time: 1 – 3 p.m.
Fee: \$35
Ages: 12 and older



FALLBROOK COMMUNITY CENTER RENTALS

WEDDING | BIRTHDAY | ANNIVERSARY | BANQUET | MEETING

The Fallbrook Community Center is a convenient, affordable, and attractive location for your special event. The building is fully air conditioned, rooms can accommodate up to 250 guests, tables/chairs/public address system and commercial kitchen facilities are all available for additional fees.

Room	Capacity	Square Feet	Regular Hr./Day	Non-Profit Hr./Day	Refundable Deposit	Table/Chair Rental Fee
Auditorium (Fri – Sun)	250	4032 sq. ft.	\$540/4 hrs. \$100 additional hour	\$405/4 hrs. \$75 additional hour	\$300	\$100
Auditorium (Mon – Thurs)	250	4032 sq. ft.	\$100/hr.	\$75/hr.	\$150	\$50
Kitchen – with Auditorium Only	-		\$105 flat rate	\$85 flat rate	-	-
Eucalyptus Room	30	528 sq. ft.	\$27/hr.	\$20/hr.	-	-
North Room	60	1025 sq. ft.	\$220/4 hrs. \$55 additional hour	\$160/4 hrs. \$40 additional hour	\$100	\$30

Available equipment: Podium, projection screen, folding chairs, round and rectangular tables.
Additional fees may apply. Call for additional information.



Reserve a Community Center Pavilion for your next BBQ or picnic!

There are two picnic pavilions on the community center grounds that may be reserved. The reservation fee for either area is \$100 per day. Hours are 9 a.m. to dusk. No bands or DJ's. A jumper is okay at the Heald Lane area only.

Fallbrook Street Picnic Pavilion: Located next to a fenced playground, basketball court and grass play area this space includes a covered picnic pavilion and four picnic tables to seat up to 32 guests.

Heald Lane Picnic Pavilion: Includes a covered picnic pavilion, four picnic tables to seat up to 32 people, three BBQs, a grass play area, sand volleyball courts and restrooms. Electricity is available for an additional \$25. A jumper is okay for an additional \$25, plus insurance.

All picnic reservations must be paid for in advance.

For information, contact the Fallbrook Community Center office 760-728-1671 or email fallbrook.community.center@sdcounty.ca.gov.



LIVE OAK COUNTY PARK EVENT AND PICNIC FACILITIES

First inhabited by Native Americans, this park is an oak tree forest that begs for visitors to stay and enjoy its beauty. It's ideal for picnicking, strolling and sharing time with family and friends. Live Oak is a cornerstone of the Fallbrook community and a favorite for special events like weddings, family reunions and public ceremonies. The park is also home to woodpeckers, hawks and songbirds that swoop between the ancient oaks. Picnic areas can accommodate 30 to 250 people. Details below.

LOCATION:

2746 Reche Road, Fallbrook
760-728-2303

TIME:

Open 8 a.m. to sunset, daily

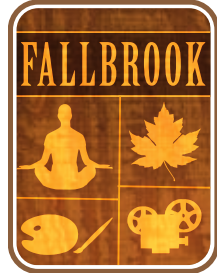
Area	Seating	BBQs	Fees	Other
1	70	3 Small	\$105	No electricity
2	60	2 Small	\$105	No electricity
3	85	1 Large	\$180	Electricity included one large brick BBQ
4	250	1 Large	\$280	Closed for repairs
5	100	3 Medium	\$180	Electricity included
6	50	1 Large	\$105	Food service counter – One large brick BBQ – Horseshoe Courts
Pavilion	50	None	\$50*	Electricity included Small stage – Dance floor
Amphitheater	88 Seats	None	\$350	Electricity included – Wedding venue Interpretive programs

*Only rented with Area #4 and #5.

Other fees may apply. To learn more or to make a reservation, call 877-565-3600 or visit www.sdparcs.org.
To speak to a park ranger or to schedule a tour, call 760-728-2303.



FALLBROOK AREA PARKS



Clemmens Lane County Park

344 Clemmens Lane, Fallbrook

760-728-2303

Open sunrise to sunset, daily

Located in west Fallbrook, this half-acre park includes both junior and tot-lot playgrounds, a picnic plaza with a covered pavilion, barbecues, a synthetic turf soccer field and a sand volleyball court. The park also boasts a sweeping view of the Santa Margarita Mountains and hiking trails to the north. Clemmens Lane is within walking distance of the shops and restaurants in downtown Fallbrook.



Rainbow County Park

5157 5TH St., Fallbrook

760-728-2303

Open 9:30 a.m. to sunset, daily

Rainbow Park is a local park in the community of Rainbow, located in North County San Diego. Rainbow Park provides active recreation elements such as ballfields, tennis and basketball courts. It also has picnic amenities where families can relax and host gatherings. Reservations are required for organized sports and larger picnic groups.

Don Dussault County Park

832 Alturas St., Fallbrook

760-728-2303

Open sunrise to sunset, daily

Nestled in a quiet neighborhood, Don Dussault is a 0.75-acre local park featuring a community playground. Bench seating is available from multiple vantage points, and mature trees provide shade throughout the day. While there is no parking on site, the park is easily accessible by sidewalk via the local neighborhood.

Santa Margarita Preserve

37385 De Luz Road, Fallbrook

760-728-2303

Open 8 a.m. to 30 mins. before sunset

This 221-acre preserve has a nice equestrian-friendly staging area and 1.5-miles of multi-use trails that are great for horseback riding, hiking and bird watching. The area has a rich cultural history; for centuries the abounding resources in the river valley sustained Native Americans, named Luisenos by the Spanish explorers. During the Mexican era, Rancho Santa Margarita y Las Flores was granted to brothers Pio and Andres Pico in 1841. Today the original rancho boundaries encompass Camp Pendleton.

THE UPSIDE
OF OUTSIDE





FALLBROOK COMMUNITY CENTER

341 Heald Lane
Fallbrook, CA 92028



BOARD OF SUPERVISORS

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